


Ki by Neo Day Spa - Greenhills
35 Wilson Street, Greenhills West, San Juan, Metro Manila, Philippines
Tel. (02) 5846789, 5846066





“Ki” is the Japanese word for ‘flow of energy’ - the source of life and the bedrock on which our physical wellbeing and spiritual contentment are built.

At Ki you will discover a serene hideaway whose soothing holistic day spa treatments enable you to rediscover your source, and unlock your inner calm.

Discover our distinctively soothing day spa treatments that await you.

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MASSAGES

KI BODYWORK

Our signature massage, relaxing strokes that frees the flow of energy circulating in the body inducing profound relaxation and a sense of total well-being. This 90 minute aromatherapy massage ends with an express facial and the application of "oshibori" - Japanese-style hot towels that refreshes your senses as you return to the outside world reinspired and reinvigorated.

PI,180 (90 minutes) / PI580 (120 minutes)

ZEN BODYWORK

An integration of the traditional concepts and techniques of accupressure massage with western osteopathic and therapeutic massage. This 90 minute aromatherapy massage aims to free the flow of energy along the meridiens, thereby releasing tension, balancing the body and mind, and normalizing physiological functions.

PI080 (90 minutes) / PI480 (120 minutes)



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HAWAIIAN LOMI LOMI

Lomi Lomi is a unique, flowing, vibrant and deeply relaxing full body massage. The therapist uses hands and forearm in long fluid strokes of varying rhythm and intensity up and down and all around the body. Cleansed by wave upon wave of loving touch, and purified by the release of negative tensions, Lomi Lomi has the ability to go to the core of one's being and reunites body and mind with spirit.

PI080 (90 minutes) / PI480 (120 minutes)

QI TRANQUILITY MASSAGE

The Japanese concept of harmony and well being focuses on the energy circulating in the body. Our Qi Tranquility Massage helps regulate the body's energy flow, inducing profound relaxation and a sense of total well-being. This comes with the Japanese oshibori ritual.

PI, 180 (approx. 90minutes)



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SWEDISH AROMATHERAPY MASSAGE

A full-body aromatherapy massage using long strokes and kneading techniques on the more superficial layers of muscles promoting general relaxation, blood circulation, and relief from muscle tension.

P780 (60 minutes) / P1080 (90 minutes)
P1,480 (120 minutes)

DETOX MASSAGE

This gentle and specialized form of aromatherapy massage stimulates the lymphatic system aiding in the removal of toxins and restoring the body to health by making the immune system more efficient.

P780 (60 minutes) / P1080 (90 minutes)
P1,480 (120 minutes)

DEEP TISSUE MASSAGE

This therapeutic and corrective aromatherapy massage technique uses strong pressure methods to focus in depth on the different layers of muscle tissue recommended to release chronic muscle tension due to stress or strenuous activities.

P780 (60 minutes) / P1080 (90 minutes)
P1,480 (120 minutes)

JAPANESE VOLCANIC STONE MASSAGE

Japan is an island formed by rapid volcanic activity. Thousands of Japanese hot springs filled with rich minerals have been known as healing places since ancient times. Each spring is filled with a variety of valuable minerals, which are traditionally known to heal many illnesses.

The therapeutic water that bubbles in these springs is very hot, often just below the boiling point. Small streams seep into and mix with the springs lowering the water temperature. The springs also contain volcanic stones, which readily absorb the heat from the water. Traditionally, these stones have been used to massage the neck, shoulders, back, and other tense areas. The art of Japanese Hot Stone Massage evolved from these ancient hot spring traditions and was developed to introduce the same therapeutic value into contemporary therapy environments.

Japanese Hot Stone Massage is one of the most soothing and effective massages that rapidly stimulate the nervous system and increase blood and lymph circulation.

P 1,350 (90 minutes)

*Advanced booking is required.

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SWEDISH MASSAGE OR SHIATSU

P680 (60 minutes) / P950 (90 minutes) / P1,280
(120 minutes)

TENSION RELIEF MASSAGE

P320 (20 minutes)



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life

PRENATAL MASSAGE

For expectant mothers on their second or third trimester, this soothing massage improves blood/lymph circulation, keeps loosening joints strong and aligned, and relieves muscle soreness associated with the body's adjustment to its changing center of gravity. This massage also works to relieve the pain of spreading joints and overtaxed back muscles.

P1, 150 (approx. 60 minutes)/P1,550 (approx. 90 minutes)/ P2,000 (approx. 120 mins.)



ZEN
BODY TREATMENTS

GINGER BODY SCRUB

– warming and invigorating

Ginger has been widely used in healing purposes for centuries, penetrating your skin to increase blood circulation while also relieving muscular aches and pains.

PI,050 (60 minutes)

GREEN TEA BODY SCRUB

– regenerating and renewing

Green tea is rich in antioxidant properties as well as a wide variety of vitamins and minerals that can protect your skin from damage.

PI,050 (60 minutes)

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peace



BLACK SESAME BODY SCRUB

– cleansing and whitening

Black Sesame gently removes dead skin cells while minimizing visible wrinkles as it leaves the skin beautifully refreshed and luxuriously soft.

PI,050 (60 minutes)

YOUNG RICE SCRUB

Fragrant ground jasmine rice mixed with velvety cream. This treatment creates results using the conditioning, soothing, and softening properties of rice starch.

PI,050 (approx. 60 minutes)



AROMATHERAPY
BODY TREATMENTS



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the way

PEARL TRANQUILITY SCRUB

This unique scrub integrates ancient cultures within contemporary rituals by incorporating unique blends of essential oils and movements that imprint in the olfactory memory indelible traces of pleasure and well being. Containing ground pearls, ylang-ylang, mimosa, and jasmine- A luxurious symbol of beauty and richness in the Orient. Used for resistant and problematic complexions, the natural pearl extracts offer our skin an extraordinary glow.

P1, 150 (approx. 60 minutes)

COCOA BUTTER SCRUB

This deep penetrating scrub melts at body temperature, providing a rich, creamy consistency as it revitalizes, softens and increases the skin's elasticity while it helps heal stretch marks.

P 1,050 (approx. 60 minutes)

AROMATIC SALT SCRUB

This deeply exfoliating treatment blends mineral rich Dead Sea salt with pure essential oils. Applied using small circular strokes, it removes dead skin cells, improves circulation, and moisturizes the skin.

P 1,050 (approx. 60 minutes)

CHAMPAGNE AND ROSEE INDULGENCE

A luxurious body treatment utilizing the powerful anti oxidant properties of grape with a light effervescent, clean scent. Unique blend of Dead Sea salt infused with Champaign bubbles. Enriched with minerals and trace-elements, anti inflammatory and healing marigold petals, and nourishing and repairing plant oils of sunflower; jojoba, and apricot provide the body with optimum remineralizing, revitalizing, and energizing benefits, and sparkling skin. This treatment ends with a 10 minute relaxing back massage.

I, 100 (approx. 60mins)



FACIAL
TREATMENTS



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beauty

ANTI-TIME LIFT TREATMENT

Look radiantly beautiful and young. This intensive lifting and firming treatment is ideal to restructure, replenish and stimulate “formant” functions of aging skin while improving elasticity, restoring firmness and eliminating signs of fatigue. A “Lifting Treatment” that whisks away fine lines and wrinkles while facial contours look smoother and firmer... In short, it turns back the hands of time.

PI, 750 (approx. 75 minutes)

PURAN AROMASSAGE FACIAL

Say goodbye to pimples and pustules. This special treatment with steam, enzyme peeling, Moisture Plus Concentrate and subsequent Deep Cleansing Mask or Mud Mask, makes your skin “come clean.” The oil/moisture balance is normalized, as is sebum production. Result: refined pores, clear balanced skin and a radiantly fresh complexion delight you.

PI, 150 (approx. 60minutes)

CAVIAR LUXE TREATMENT

Lavishly uniting anti aging performance with absolute luxury! This opulent treatment with superlative result has been created using curing extract of black caviar, rich in minerals and microelements, which are important to any skin type. This unique mask increases oxygenation and suppleness. Promoting rejuvenation, it visibly resurfaces the skin’s vitality and resilience, giving it a refined, more even and fresh look and dramatically reduces facial expression lines and wrinkles. Neck and back massage is included, with a hand massage to complete this experience.

PI, 950 (approx. 75 minutes)

OPTIMAL OXYGENATING VITALITY TREATMENT

Providing life and vitality to “tired and asphyxiated” skin. This mask is a powerful stimuli to activate the oxygen in your skin giving a phenomenal result. Rich in ingredients and used in conjunction with hydrating formulas & vitamin c boosting oxygen on the skin and flush “skin-dulling” carbon dioxide. Leaves skin lighter, brighter, younger and more vital. Neck and back massage is included, with a hand massage to complete this experience.

PI, 750 (approx. 75 minutes)



SPA RITUALS

HANAKASUMI NOURISHING RITUAL

Hanakasumi is the Japanese word for "cherry blossom mist" - the cherry blossom is the national flower of Japan. Inspired by Japanese traditions from the Kamakura era, this luxurious Japanese massage ritual is designed to melt away stress and awaken all five senses.

We purify your skin using a brushing ritual focused on the lymph nodes.

A warm cherry blossom rice powder scrub is applied to the whole body and a foot massage is performed followed by the removal of the scrub with soft exfoliating towels. The treatment then continues with a relaxing massage using body butter with asian essences.

P2000 (approx. 120 minutes)



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the way



PEARL TRANQUILITY RITUAL PACKAGE

Inspired by the well being rituals of ancient cultures, The pampering ritual begins with the skin smoothing Pearl Tranquility Scrub followed by 90 minutes of our ancient Japanese Qi Tranquility Massage.

P2,080 (150 minutes)

CHAMPAGNE AND ROSEE INDULGENCE

1,660 (approx. 120 minutes)
scrub+ 60 mins aromatherapy massage



REFLEXOLOGY



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gentleness

INGHAM METHOD OF REFLEXOLOGY

The Ingham Method of REFLEXOLOGY is the gentle art of using hands to apply pressure to specific points or zones on the feet and hands, relieving stress and redirecting energy. Pressure on these zones of the feet and hands is linked to the glands, organs, and parts of the body. Considered to be a natural alternative medicine and a holistic approach in healing, the Ingham Method of Reflexology can be used to restore and maintain the body's natural equilibrium and encourages our body's natural ability to heal itself. The Ingham Method of Reflexology is the combined work of the late Eunice Ingham, the founder of reflexology, and her nephew Dwight Byers, head and founder of the International Institute of Reflexology. Neo is the reflexology center in the Philippines that offers the Ingham method of Reflexology. Singaporean Master Reflexologist George Tay, the Asian representative of the International Institute of Reflexology, the world's leading authority in reflexology, trains our reflexologists.

P580 (approx. 60 minutes)

KI REFLEXOLOGY

Ingham Method of Reflexology on the foot and hands and followed with a full back accupressure massage and finished off with an express facial massage.

P850 (90 minutes)

BAMBOO FOOT MASSAGE

An authentic indigenous tribal foot massage using herbal clay to cleanse and purify the feet, bamboo sticks to stimulate the soles.

Inspired by the dagdagay therapy, this detoxifying foot massage is deeply rooted in Filipino culture. As a healing practice, it involves stroking the soles on the feet with bamboo sticks in order to stimulate them before applying deep strokes of "hagod". A great therapy for blood pressure, blood circulation, hormonal imbalance and stress.

P 850 (75 minutes)



NAIL SERVICES

ULTIMATE FEET PAMPERING

Treat your hard working feet to an absolutely pampering foot spa followed by a sole soothing reflexology.

PI,050 (120minutes)

NEO SIGNATURE FOOT SPA WITH PEDICURE

All of the above but with your toenails groomed and polished!

P850 (approx. 90 minutes)

CLASSIC MANICURE

P300 (approx.30minutes)

CLASSIC PEDICURE

P350 (approx.40-60 minutes)

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NEO SIGNATURE FOOT SPA

Begin your journey with an aromatic eucalyptus and pine foot bath. Then proceed to exfoliate, hydrate, and keep feet smooth and silky right down to your toes. This is finished with a 20 minute cooling and refreshing lower leg and foot massage leaving the skin soothed and relaxed for hours.

P550 (approx.60minutes)

A large, stylized white graphic of a hot air balloon basket and ropes against a dark grey background. The basket is a simple circle, and the ropes are depicted as a series of curved, overlapping lines that trail downwards and to the right, suggesting the balloon is floating away. The text "SPA PACKAGES" is centered within the basket area.

SPA PACKAGES



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happiness

REFLECT

Biodroga Puran Facial + a 60 minute aromatherapy massage

P 1,750 (120 minutes)

RELAX

Aromatherapy Scalp Treatment + a 60 minute aromatherapy massage

P 1,150 (90 minutes)

KI

Our signature spa package, your choice of a Ki Body Treatment + Ki Bodywork

P 2,080 (150 minutes)

ZEN

Ultimate pampering, your choice of a Body Treatment + Zen Bodywork Massage + Biodroga Puran Facial

P 2,980 (210 minutes)



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Ki by Neo Day Spa - Greenhills

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Neo Island Spa - Boracay

Pearl of the Pacific Beach Resort, Boracay Island,
Aklan, Philippines
Tel. (036) 5063131

www.neo.ph

ALL SERVICES AND PRICES ARE SUBJECT
TO CHANGE WITHOUT PRIOR NOTICE.
OUR OPENING OPERATING HOURS
ARE 10PM TO 11PM, DAILY.
FOR APPOINTMENTS OR INQUIRIES,
PLEASE CALL 584-6789 OR 584-6066.